

April 2023

THE POUND



Important Dates

- 4/5 End of the 3rd grading period
 - 4/6 4th grading period begins
 - 4/10-4/14 Spring Break: School closed
 - 4/21 Report Cards distributed
- Beats by The Pound Drumline
Competition 3-10 at KFHS

Upcoming Events

- 5/1-5/12 AP Advanced Placement testing
- 5/1-5/19 IB Testing
- 5/15 Interim Reports go home
- 5/20 Prom at Hub 757 6:30-10:30
- 5/29 Memorial Day- School Closed

SEL Spotlight

KFHS would like to spotlight Payton Hall for her random act of kindness. It all started when Mrs. Mitchell asked Payton's math teacher, Mrs. Fennell, if she had a bottle of water for a student in Mrs. Mitchell's class. Hearing that neither Mrs. Mitchell nor Mrs. Fennell had an unopened bottle of water, Payton immediately offered a bottle of water for the student that she neither saw nor knew. When Mrs. Mitchell took the offered water bottle back to her class and explained where she got the water bottle from, many of the students in her class commented on how random Payton's action was and also how nice it was for her to do it. Payton's random act of kindness is a great example of how a small ripple can turn into a tidal wave. Thank you Payton for your kindness and may the recipient of your kindness continue the ripple so that it turns into a tidal wave.~ Mrs. Chirlene Mitchell

Our Vision & Mission

- Our vision is to educate students to become productive members of a global society.
- Our Mission is to provide opportunities for all students to grow academically, emotionally, and physically through knowledge, attitudes, skills, and values in an environment that supports a diverse cultural society.

News and Updates

Prom Information:

- May 20th @ Hub 757 6:30-10:30
- Seniors- Tickets go on sale 3/7
- Juniors- Tickets go on sale 3/13
- Information can be found by going clicking the word PROM.
- Students are welcome to pick up a paper copy of Guidelines and Permission Form for Prom at the front desk. They are on bright orange paper!!

Access:

- If your student is planning to attend college and has not filled out their FAFSA information please contact Adrienne Miller as soon as possible to help!
adriennemiller@spsk12.net

Guidance Update

- Be on the lookout for summer school emails from your school counselor. The school counselor will notify you if your child is eligible for summer school.
- Counselor assignments by last name:
 - A-D- (Coley)
 - E-Jones- (Baxter)
 - Jor-Rid- (Hurdle)
 - Rie-Z- (Routten)
 - IB- (Requizo- Guidance Director)

- **SOL Tutoring**

Check out the schedule below

- **SOL BLITZ**

Excuse our Mess-

- Parking lots closest to softball fields will become a holding area for equipment as we get our new Turf Fields!!

Sporting Events

- 4/3 Baseball Varsity @ KFHS vs. Norview @ 5:00
Tennis Varsity @ KFHS vs. Oscar Smith
- 4/4 Baseball/Softball Varsity @ KFHS vs. Western Branch 5:30
Baseball/Softball JV @ Western Branch 5:30
Soccer Boys Varsity @ Franklin High 6:00
- 4/5 Tennis Boys Varsity @ Franklin 4:30
- 4/6 Baseball Varsity vs Lake Taylor @ KFHS 5:00
Softball Varsity @ LHS 5:30 JV 5:30 @ KFHS vs LHS
Tennis Girls Varsity @ LHS 5:30
Tennis Boys Varsity @ KFHS vs LHS 5:30
Soccer Boys JV 5:45-Varsity 7:00 @ Hickory High
Soccer Girls JV 6:00 vs Hickory @ NRHS Varsity 7:30
- 4/18 Baseball Varsity @ KFHS vs Oscar Smith 5:30
Baseball JV @ Oscar Smith 5:30
Softball Varsity @ KFHS vs Oscar Smith 5:30
Softball JV @ Oscar Smith 5:30
- 4/19 Outdoor Track Girls/Boys Varsity Meet @ Grassfield 10:00-2:00
Baseball Varsity vs Heritage 4:30
Softball Varsity @ Heritage 4:30
Soccer Boys JV & Varsity vs Deep Creek @ LHS 5:45/7:00
Soccer Girls JV & Varsity @ Deep Creek Middle 5:45/7:15
- 4/20 Baseball Varsity @ Hickory High 5:30
Baseball JV @ KFHS 5:30
Softball Varsity @ Hickory High 5:30
Tennis Girls/Boys Varsity @ Hickory High 5:30
- 4/21 Tennis Girls/Boys @ Lakewood Rec Center 4:00
Baseball JV & Softball JV @ KFHS vs Southhampton 5:00
Girls soccer JV/Varsity @ Oscar Smith 5:45/7:15
Boys soccer JV/Varsity @ LHS 5:45/7:15
- 4/24 Tennis Girls @ Heritage 3:30, Tennis Boy @ KFHS 4:30
Soccer Girls/Boys Varsity @ Heritage 4:00/5:30
- 4/25 Baseball/Softball Varsity vs Great Bridge @ KFHS 5:30, JV Baseball/Softball @ Great Bridge 5:30
Tennis Girls @ Great Bridge 5:30
Tennis Boys vs Great Bridge @ KFHS 5:30
Soccer Girls JV/Varsity @ Great Bridge 5:45/7:00
- 4/26 Outdoor Track Boys and Girls @ NRHS 2:00
- 4/27 Baseball/Softball Varsity @ Indian River 5:30
Baseball/Softball JV @ KFHS 5:30
Tennis Girls @ KFHS 5:30/Boys @ Indian River 5:30
- 4/28 Baseball/Softball JV @ Southampton High 4:30
Soccer Boys JV/Varsity @ NRHS 5:45/7:15
- 4/30 Outdoor Track Girls Varsity Meet 2:00

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KINGS FORK HIGH SCHOOL NEWS

CELEBRATIONS FROM THE FORK:

Congrats to our Lady Bulldog for signing! Niyah Gaston signed with Coppin , Arlisha Boston is headed Hampton, Kiana Brittain is heading to Virginia Union

Congrats- Samuel Brennan committed to Randolph Macon, Ryan Hite has 4 offers so far and will decided after Spring Break, Bryson Barber is looking at Bluefield or Mount Olive and Caleb Brown has opportunities to attend Virginia Wesleyan or VCU in the fall of 2023.

So proud to say that our Wrestling program has beat every record previously set at KFHS. 1st year we have ever beat the following school-Hickory, Salem, Gloucester, Coloanal Forge, NRHS, Oscar Smith, Ranked #8 in Hampton Roads, VA. 9 out of 14 went to state. Johnel Williams and Malachi Nixon went to the finals in Regional Championships.



Principal - Derrick Bryant
Assistant Principal -Dr. Shaka Miller
Assistant Principal - Melissa Zawodny
Assistant Principal - Dr. Tonya Spruill
Dean of Students - Anthony Joffrion